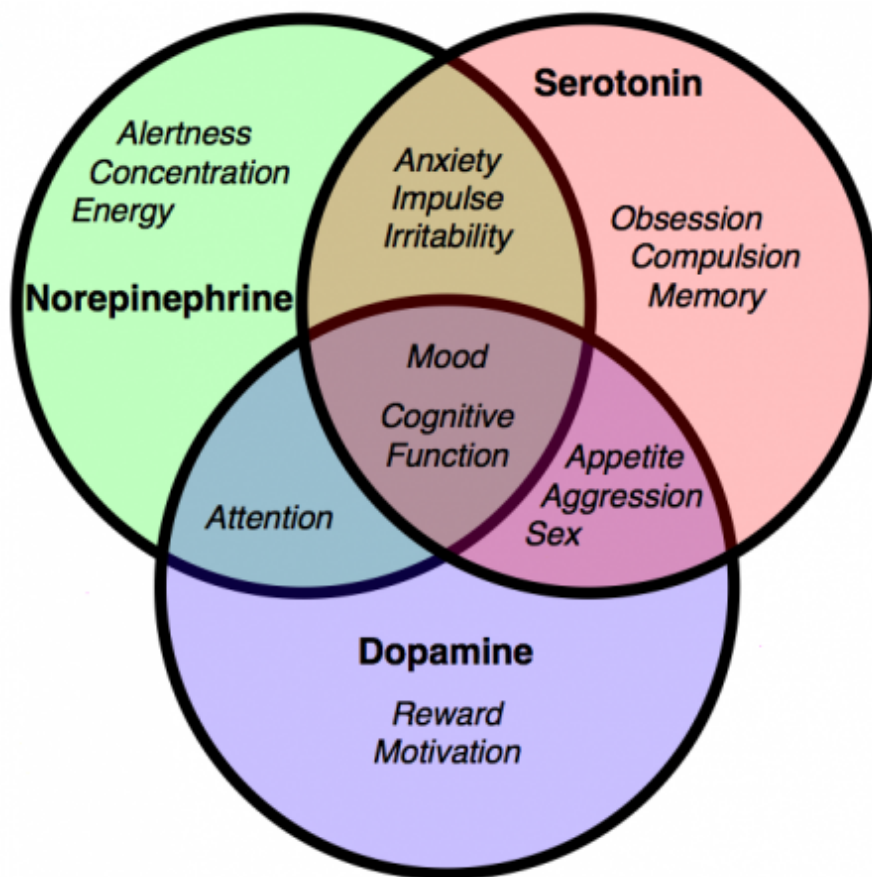


# How Does Medication Work in my Brain?

Psychiatric medications primarily work to correct the problems with the chemical messaging systems in your brain, which is referred to as neurotransmission. They may help by adjusting the balance of chemical "messengers". Some of the medications work to increase the amount of neurotransmission. Some medications work to block the neurotransmission when there is too much getting in the connecting brain cell. With every dose of medicine, it works to balance the neurotransmission system. If you stop taking the medication, the imbalance will return.



- **Norepinephrine** helps alertness, working memory, concentration, information processing and problem solving; and helps mood and fatigue.
- **Serotonin** helps you be calm, in a good mood; and helps you sleep.
- **Dopamine** affects your ability to experience pleasure; helps your mood; helps with motivation and energy; and helps you think, concentrate and be social.